



Ministry of Health of the Republic of Latvia

### Information for Ukrainian citizens about health care services in Latvia



All the state funded healthcare services are available to you for free  
For information, questions ☎ **80001234**  
(Monday-Thursday 8:30–17:00, Friday – 8:30–15:00, in English and Russian).  
☎ from foreign phone numbers: +371 67045005  
Ministry of Health 🌐 [www.vm.gov.lv](http://www.vm.gov.lv)  
National Health Service 🌐 [www.vmnvd.gov.lv](http://www.vmnvd.gov.lv)

### IN LIFE-SAVING SITUATION – ☎ emergency medical aid **113 or 112**

#### MEDICAL AID

**General practitioner** – consultations, prescriptions, referral to a physician–specialist, for examinations or analyses, vaccines etc. ✉ [nvd@vmnvd.gov.lv](mailto:nvd@vmnvd.gov.lv), ☎ 80001234.



**Doctor on duty** – medical consultations, prescriptions, etc., beyond the general practitioner's business hours. Available in Riga and other larger cities. 🌐 <https://www.vmnvd.gov.lv/lv/> → Kur saņemt medicīnisko palīdzību or ☎ 80001234.

**Specialist of direct access** – physician without a referral from the general practitioner: gynaecologist; oculist; paediatrist; children's surgeon; narcologist; dermatovenerologist (in case of sexually transmissible diseases); endocrinologist (in case of diabetes); oncologist, oncologist-chemical therapist (in case of oncologic disease); pneumologist (in case of tuberculosis); psychiatrist or children's psychiatrist (in case of mental illness); infectologist (in case of HIV or close contact with a HIV-infected person). 🌐 <https://www.vm.gov.lv> → Informācija Ukrainas pilsoņiem

**Urgent medical aid point and hospital admission unit** – urgent medical aid – sudden illness, exacerbation of chronic disease or injury. 🌐 <https://www.vmnvd.gov.lv/lv/> → Kur saņemt medicīnisko palīdzību or ☎ 80001234.

**General practitioner's hotline** ☎ **66016001** – phone consultations in case of a simple illness (minor injuries, scars, cold, fever, vomiting, bruises etc.). Business days 17:00–8:00, weekends, public holidays – 24 h, also in Russian.

**Dentistry** – state funded for children up to the age of 18, paid service for adults. For information ☎ 80001234.

#### PSYCHOEMOTIONAL SUPPORT – free support services for adults and children

🌐 <https://www.vm.gov.lv> → Informācija Ukrainas pilsoņiem.



**COVID-19** ([www.covid19.gov.lv/en](http://www.covid19.gov.lv/en)) – **Testing** – in case of Covid-19 symptoms, state pays for laboratory test. No referral is required. ☎ 8303 (business days 8:00–18:00, weekends 9:00–14:00). **Vaccination** – at the general practitioner or ☎ 8989 (business days 8:00–20:00; weekends 9:00–18:00). Communication in Latvian, English or Russian. **Certificate** – not required upon entry in Latvia, for receipt of services and in other cases, passport of a citizen of Ukraine is required. Information – 8989 (business days 8:00–20:00, weekends 9:00–18:00). About Covid-19 **isolation and quarantine** ☎ +371 67387661 (business days 9:00–16:00).

**REQUIRED DOCUMENTS** – prior to receipt of service – passport/visa or permanent residence permit. If no documents are held ☎ 80001234. No patient's co-payment (not applicable to paid services – find out in advance).